



Riverview Park Elementary

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Newsletter 2 September 25 2018

Our Mission at Riverview Park Elementary is, "In learning and in life, we at Riverview Park Elementary are responsible, kind, and curious."

IMPORTANT UPCOMING DATES

September	28	BOKS (Building our Kids Success) in the mornings in the gym from 8:00am - 8:40am
	28	School Terry Fox Assembly and Run (meet in the gym at 1:40pm)
	30	ORANGE SHIRT DAY (we will honor this day on Monday, Oct. 1st)
October	1	PAC Meeting in the library 7:00pm-8:30pm
	2,5,9,12,16,23,26,30	BOKS (Building our Kids Success) in the mornings in the gym from 8:00am - 8:40am
	3,10,17,24	<u>Lasermasters</u> - in the library from 3:00-4:30pm (registration ongoing)
	3,10,17,24	<u>3 o'clock theatre</u> from 3:00-4:00pm in the gym (PLEASE NOTE: class on Oct. 10 will be from 2:00-3:00pm); registration deadline is Friday, Sept. 28 via hot lunch website
	4,18,25	<u>Science Alive</u> from 3-4pm (room TBD) - Registration deadline is Monday, Oct. 1 via vendor website
	8	Thanksgiving Day - no school
	9	Picture Day (Individual photos)
	9-12	Watch for information about our first BOOK FAIR
	9,16,23,30	<u>Moresports</u> - after school 3:00-4:30 in the gym or outside; registration open on school website www.sd43.bc.ca/riverviewpark (for students in grs. 1-5)
	10	Early Dismissal (for students in grs.1-5) for parent / teacher (p/t) interviews; students dismissed at 1:43; P/T interviews 2:00-5:00pm, 6:00-8:00pm (dinner break from 5:00-6:00pm) *Regular day for kindergarten students*
	11	Early Dismissal (for students in grs. 1-5) for parent / teacher interviews; students dismissed at 1:43; P/T interviews from 2:00-5:00pm *Regular day for kindergarten students*
	12	District Terry Fox Run

Principal's Message

For the next several newsletters I will be talking about two things that are important components to our school (and together form the core of what our social responsibility school goal is). These two things are the Core Competencies and the Circle of Courage. We will be working to combine these two very important elements in order to provide our students with the best opportunities to learn, practice and build resilience as well as helping them become better at recognizing who they are by the skills, strengths and challenges they possess. A brief overview for this newsletter will suffice.

There are three different components to the core competencies. They include Communication, Thinking, and Personal and Social Responsibility (which are broken down even further into Communication, Creative Thinking, Critical Thinking, Positive Personal and Cultural Identity, Personal Awareness and Responsibility, and Social Responsibility).

The new BC Curriculum has moved from a content driven system to a competency based system. While the content that is taught remains an important component, it is the competencies - both Core and Curricular - that play a prominent role in our teachings. While the curricular competencies are assessed and communicated to parents via the teachers (e.g. report cards), the core competencies are assessed and reported by the students themselves. To do this well requires introspection and self-reflection - two skills that are important in personal growth. If there is anything we have learned as we move through this process, it's that students are much more aware of their own skills and abilities, and if anything, they are harder on themselves than we (adults) are. They often surprise us about how accurately they see themselves and can communicate their strengths and challenges honestly and accurately. As they continue to practice this, it is our hope that they will become clearer and clearer about who they are as a person, what they need as learners, and the role they can and should play as active participants in their learning.

Many of the components of the core competencies are about looking within ourselves, and building some of the keys pieces of our character (as well as branching outwards - i.e. social responsibility). The circle of courage takes a more holistic view and serves as more of a philosophy about who we are and what we can become through the experiences we have. We will continue to delve deeper into the relationship between these two important and related pieces and will combine them in an effort to give our students the best chances at success as they learn, grow and mature.

Self-reflection: the Circle of Courage is made up of four components (Belonging, Independence, Mastery, and Generosity). It is believed that experiences in these different domains will build and foster resiliency in our students (and us). When you hear these four components, think about each of them, and think about what each one means to you. Which one speaks to you? Which one do you identify with? Which one is more natural for you? Which one do you find the most challenging (and why do you suppose that it is a challenge for you)?

All of our experiences have impacted us and have made us who we are. How we see the world and how we act and react to the world is shaped by these experiences. Think about someone you look up to and admire. Which of these does that person possess and to what degree? What is one thing you could do today that would give you an experience in one of these four areas and what is one thing you could teach your child that would give him or her an experience in one of these areas? I challenge you to go out and do it.

D. Shannon

Terry Fox Run and Assembly

Thank you to everyone who has donated money for the Terry Fox Run. We are already halfway to our goal of \$2000! We will be collecting money until Oct. 10th. On October 12th, we will join some other schools from SD#43 (as we did last year) to create a run that will begin at Seaview Elementary and end at the Terry Fox Office in Port Coquitlam (on Shaughnessy Street). RVP will be the last stop on the route.

We will be having our school Terry Fox run this afternoon. Classes will be called down to the gym at 1:30 so that we can begin at about 1:40. We will have a brief assembly, followed by the run. Please make sure that your children are prepared by wearing comfortable clothing and running shoes. The weather is looking to be good, so let's get out there and enjoy it while we can!

Donations can be brought in and dropped off at the school or by donating money online in our school's name. I encourage everyone to give to this noble cause. Originally, all Terry was asking for was \$1 per Canadian. I know we can do much better than this. Let's continue to show our generosity as we always do and have done.

If you are interested in donating online, the website is www.terryfox.org. Click on the donate button (top right) and select 'to a student / school.' Choose 'British Columbia' to narrow the search. Scroll down to the schools (listed alphabetically) and go to page 64 - Riverview Park Elementary is on that page (at least it was on my computer).

Orange Shirt Day - Every Child Matters

Orange Shirt Day is on Sept. 30th this year. We are asking students to wear orange on **Monday, Oct. 1st** to recognize the importance of this day and the message that it serves.

Orange Shirt Day grew out of 'Phyllis' story' of having her shiny new orange shirt taken away from her on her first day of school at the St. Joseph Mission (SJM) residential school. She never got her shirt back. This date was chosen because it is the time of year that children were taken from their homes and placed in residential schools and the emphasis on the message is that every child matters.

To learn more about Phyllis' story, please check out the following website: www.orangeshirtday.org.

Summer Reading Contest

I just received word earlier today that once again, RVP took first place in the number of students registered in the summer reading program at the Coquitlam city branch. Well done everyone!! We will be presented with the trophy at an upcoming assembly.

Allergy Information

There are a number of students at RVP that have nut allergies (from minor to severe). It is critical that we have information about student allergies so that we can do our best to be prepared in the case of an emergency. When making lunches for your children, and especially when bringing in treats of any kind that are intended for all the students in the classroom (e.g. for birthdays), we are asking that you pay particular attention to nuts. If nuts or nutty foods are brought in to a classroom where the allergy is severe, we may need to separate students, for safety. It is our hope that we will not have to do this. Thank you for your consideration.

FORMS, FORMS, FORMS

Please be sure to send in the forms that came home last week. Thank you to everyone who has completed these forms and returned them to the school. These are extremely important. Please also complete the forms included on our School Cash Online account (school policies, volunteer and driver forms). Finally, if your child has any medical alert concerns, please be sure to fill out the necessary eform(s) on our school website (www.sd43.bc.ca/riverviewpark)

RVP Team Time

Parents - you are always invited to join us for RVP TEAM TIME. Team time takes place on Tuesdays and Thursdays in the gym, immediately after the attendance has been taken. This year, Tuesdays will consist of learning about a MESSAGE - a message that may tie to a value (which we will take from our school planners), the circle of courage, or the core competencies. The other day (Thursday) consists of MOVEMENT in which students lead the school in dance to get our bodies moving and our minds clear. We would love to see more of our parents take part. I will let everyone know if there are days when TEAM TIME is not happening. Thank you to all the parents that are able to join us in the gym for TEAM TIME

TWITTER

I will try to send things out regularly on our school Twitter account. Please follow us. We are: @RiverviewParkEI. Please encourage other parents to join. We are currently at 109 followers.

Moresports

Moresports will be back and will run after school on Tuesdays from 3:00-4:30, beginning Oct. 9th. Registration is limited to 30 students on a first come first serve basis. Registration is now open! You can register on our school website at www.sd43.bc.ca/riverviewpark (look for the Moresports tab on the front page).

Moresports is a neighbourhood based after school program that provides physical activity opportunities to children at their own school. The focus is on fun, inclusion and connecting kids to sport, other kids and older youth mentors. The partnership between School District 43, City of Coquitlam and a host of other supporters assures that the costs are kept low and that there are no barriers to anyone participating. Our motto is to Include Always!

We believe in the value of the connection between our Program Leaders and the children who take part. Our Leaders are hired and trained by the City of Coquitlam who are a certified High-Five Organization. This means that Healthy Child Development practices are put into place.

BOKS (Build Our Kids Success)

The BOKS program runs on Tuesday and Friday mornings from 8:00-8:40am. The program is led by leadership students from Charles Best Secondary. BOKS is a program that promotes physical activity to improve mental functioning and physical well-being. We hope to have the BOKS program run each term this year. For this term, BOKS will run until the end of November. We ask that if you are registered for BOKS that you please arrive on time. Thank you.

Fruit and Vegetable Program

We have now had our second delivery of fruit (Bartlett pears) and milk from the BC School Fruit & Vegetable Nutritional Program (BCSFVNP). Our diligent parent helpers have soy milk as a substitute for those students with dairy allergies (thank you Shelley and Keiko!) If you wish for your child to not take part in this program, please contact the school and let us know.

PAC News

PLEASE LOOK AT THE CALENDAR ON THE FIRST PAGE FOR OUR LUNCH AND AFTER SCHOOL PROGRAMS AND WHEN REGISTRATION CLOSES FOR THEM.

On top of the offerings that are listed on the first page, there will also be martial arts (at lunch), fencing (after school), and gymnastics (after lunch) upcoming. You should have received a memo from the hot lunch site outlining each of these activities.

Please remember to take part in our PAC meetings. As parents of children who attend RVP, this is a great opportunity to meet your PAC team and other parent volunteers. Meetings are held in the school library and begin at 7:00pm.

Our PAC Meeting Schedule is as follows:

October 1, 2018

November 5, 2018

December 3, 2018

January 14, 2019

February 4, 2019

March 4, 2019

April 8, 2019

May 6, 2019

June 3, 2019 (PAC AGM and Elections)

District and / or Community News

School District 43 (Coquitlam) is looking for permanent and casual noon hour supervisors.

Up to 5 hours a week, (1 hour a day during the school's lunch time).

Monday to Friday while school is in session (off spring break, winter break and summer break).

Rate of pay: \$20.65 an hour plus 16% in lieu of benefits.

If you are interested, please send your resume to: humanresourcessupport@sd43.bc.ca.

Please feel free to check out the Publications and Community Listings and links on our district webpage at: <http://www.sd43.bc.ca/Pages/publications.aspx>